

**UNIT TITLE:           Understanding the Promotion of Physical Development of Children and Young People**

**LEVEL:                 Three**  
**CREDIT VALUE: 3**  
**NOCN UNIT CODE:         PT2/3/QQ/008**  
**ACCREDITED UNIT NO:     H/102/9632**

This unit has 5 learning outcomes.

<b>LEARNING OUTCOMES</b>	<b>ASSESSMENT CRITERIA</b>
<b>The learner will:</b>	<b>The learner can:</b>
1. Understand the physical growth and development of children and how this relates to other aspects of development. (C3) <sup>1</sup>	1.1. Describe the physical growth and development of children. 1.2. Evaluate how this relates to other aspects of their development.
2. Understand needs and requirements to promote the physical development of children. (C3)	2.1. Describe needs and requirements that promote the physical development of children. 2.2. Assess the importance of these needs and requirements in relation to promoting the physical development of children.
3. Understand the difference between fine and gross motor skills and how these can be developed through a range of activities and equipment. (C3)	3.1. Describe gross and fine motor skills and evaluate a range of activities and equipment that promote these skills.
4. Understand ways of promoting physical development regardless of gender, race, culture or disability. (C3, C17,C18/PW3)	4.1. Describe and discuss inclusive strategies to promote the physical development of children. 4.2. Evaluate examples of inclusive strategies.
5. Understand the importance of maintaining a safe environment whilst promoting the physical development of children. (E3/PW3)	5.1. Explain the features of a safe environment for physical development 5.2. Assess a suitable environment for safety.

<sup>1</sup>Early Years & Education and Playwork National Occupational Standards

Please note: Achievement of this unit does not provide evidence against the Care Standards Act requirements

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### ASSESSMENT INFORMATION

**Guidance:**

This grid gives details of the assessment activities to be used with the unit attached. Please refer to the NOCN Centre Handbook for definitions of each activity and the expectations for assessment practice and evidence for moderation.

**The assessment activities for this unit are indicated in the table below:**

**Key: P = Prescribed** – this assessment method *must* be used to assess the unit.

**O = Optional** – this assessment method *could* be used to assess the unit.

Case study	O	Project	
Written question & answer/test/exam		Role play/simulation	
Essay		Practical demonstration	
Report		Group discussion	O
Oral question and answer	O	Performance/exhibition	
Written description	P	Production of artefact	
Reflective log / diary	O	Practice file	

### Signposting Key Skills

This unit offers clear opportunities for learners to provide evidence of achievement in Key Skills achievement in the following skill area/s:

Key Skill		Wider Key Skill	
Communication	✓	Working with others	
Information Technology		Problem solving	✓
Application of Number		Improving Own Learning and Performance	