

**UNIT TITLE:** Understanding How to Care for Babies Under Twelve Months

**LEVEL:** Two  
**CREDIT VALUE:** 3  
**GLH:** 24  
**NOCN UNIT CODE:** HF1/2/QQ/015  
**ACCREDITED UNIT NO:** H/500/5095

This unit has 4 learning outcomes.

<b>LEARNING OUTCOMES</b>	<b>ASSESSMENT CRITERIA</b>
<b>The learner will:</b>	<b>The learner can:</b>
1. Understand the growth and development of babies up to twelve months. (CCLD203; K2D47; K2D87)	1.1. Explain the growth and development of babies up to twelve months and how they can be affected by social, emotional and physical environment. 1.2. Explain the needs and requirements of babies in relation to their physical / social / emotional and intellectual development and give examples of how these can be met.
2. Understand the basic dietary requirements of babies. (CCLD202; K2D22; K2D151)	2.1. Plan appropriate weekly diet for a baby of six to twelve months demonstrating awareness of any special needs. 2.2. Explain the health and hygiene factors in relation to the preparation of food and bottles. 2.3. Describe a range of common food allergies and how a carer can take appropriate precautions.
3. Recognise that caring for babies varies with different cultures. (K2D86)	3.1. Compare and contrast childcare practices within different cultures and classes.
4. Understand the health and safety requirements for babies within a range of settings. (CCLD202; K2D106)	4.1. Explain health and safety requirements for babies appropriate to a range of settings. 4.2. Assess a given environment for its suitability in relation to the needs of a baby.

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Mapped to Children's Care, Learning and Development NOS, Knowledge and Understanding Specification, Skills for Care & Development, 2005.

Please note: Achievement of this unit does not provide evidence against the Care Standards Act requirements.

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**ASSESSMENT INFORMATION**

**Guidance:**

This grid gives details of the assessment activities to be used with the unit attached. Please refer to the NOCN Centre Handbook for definitions of each activity and the expectations for assessment practice and evidence for moderation.

**The assessment activities for this unit are indicated in the table below:**

**Key:** **P = Prescribed** – this assessment method *must* be used to assess the unit.  
**O = Optional** – this assessment method *could* be used to assess the unit.

Case study	O	Project	O
Written question & answer/test/exam	O	Role play/simulation	
Essay		Practical demonstration	
Report		Group discussion	O
Oral question and answer	P	Performance/exhibition	
Written description	P	Production of artefact	
Reflective log / diary	O	Practice file	

**Signposting Key Skills**

This unit offers clear opportunities for learners to provide evidence of achievement in Key Skills achievement in the following skill area/s:

Key Skill		Wider Key Skill	
Communication	✓	Working with others	✓
Information Technology		Problem solving	
Application of Number	✓	Improving Own Learning and Performance	