

UNIT TITLE: **Developing Skills to Provide Personal Care in Care Settings**

LEVEL: **Two**
CREDIT VALUE: **3**
GLH: **24**
NOCN UNIT CODE: **PA1/2/QQ/004**
ACCREDITED UNIT NO: **J/500/4828**

This unit has 11 learning outcomes.

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Know the key principles when offering personal care. (CIS 3.5, 4.2; HSC 24, 218, 234; KSF HWB5)	1.1. Explain why good hygiene is important. 1.2. Discuss the factors that influence the individual's ability to carry out their own personal care. 1.3. Explain why it is important to involve the individual in their personal care routine. 1.4. Explain why it is important to offer choice and the factors that might affect choice when considering personal care. 1.5. Explain why cultural background needs to be considered when offering personal care.

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LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
2. Understand the importance of providing support with personal care. (CIS 1.1, 4.3; HSC 24, 27, 214, 216, 218; KSF HWB4)	2.1. Explain how support would be offered during: a) washing b) bathing c) showering d) dental care e) nail care f) dressing. 2.2. Identify other aspects of personal care and describe how you would provide support at these times. 2.3. Discuss the conflicts that might arise as a result of offering assistance with hygiene. 2.4. Discuss what might need to be recorded following the delivery of personal care.
3. Understand the importance of supporting an individual to care for their personal appearance. (CIS 1.1, 4.3; HSC 24, 218, 234; KSF HWB4)	3.1. List other aspects of personal care that need to be considered. 3.2. Explain why personal appearance is important. 3.3. Discuss the conflicts that might arise as a result of offering assistance with dressing and grooming. 3.4. Explain how personal beliefs and preferences may affect dressing and grooming.

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The learner will:	The learner can:
4. Understand the issues associated with personal care and infection control. (CIS 3.5; HSC 22; KSF HWB3)	4.1. Explain what action needs to be taken to make sure all areas are left clean and tidy. 4.2. Discuss why it is important for individuals to have their own toiletries. 4.3. Discuss how you would explain to an individual the need for taking additional precautions to stop cross infection.
5. Recognise that sensitivity is important during personal care. (CIS 1.1, 1.3; HSC 22, 24, 234; KSF HWB4)	5.1. Explain why the following need to be considered: a) privacy and dignity b) time c) gender.
6. Recognise the social and cultural purposes/norms of eating and drinking. (CIS 1.1, 1.3; HSC 234; KSF HWB4)	6.1. Explain how eating and drinking serves a social purpose. 6.2. Explain why care workers need to know about the cultural norms of eating and drinking.
7. Understand the importance of assessing the individual's needs for eating and drinking. (CIS 1.1, 1.3, 4.3; HSC 21, 24, 224; KSF HWB4)	7.1. Discuss areas for consideration when assessing the individual's eating/drinking needs. 7.2. Explain why it is important for individuals to be as self-managing as possible. 7.3. Discuss why reluctance to eat and drink should be reported.

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ASSESSMENT INFORMATION

Guidance:

This grid gives details of the assessment activities to be used with the unit attached. Please refer to the NOCN Centre Handbook for definitions of each activity and the expectations for assessment practice and evidence for moderation.

The assessment activities for this unit are indicated in the table below:

Key: P = Prescribed – this assessment method *must* be used to assess the unit.
O = Optional – this assessment method *could* be used to assess the unit.

Case study		Project	
Written question & answer/test/exam		Role play/simulation	
Essay		Practical demonstration	
Report	O	Group discussion	O
Oral question and answer	P	Performance/exhibition	
Written description	O	Production of artefact	
Reflective log / diary	P	Practice file	

Signposting Key Skills

This unit offers clear opportunities for learners to provide evidence of achievement in Key Skills achievement in the following skill area/s:

Key Skill		Wider Key Skill	
Communication	✓	Working with others	✓
Information Technology		Problem solving	✓
Application of Number		Improving Own Learning and Performance	