

**UNIT TITLE:** Understanding Continence Care

**LEVEL:** Two  
**CREDIT VALUE:** 3  
**GLH:** 24  
**NOCN UNIT CODE:** PT2/2/QQ/020  
**ACCREDITED UNIT NO:** H/500/4836

This unit has 8 learning outcomes.

LEARNING OUTCOMES	ASSESSMENT CRITERIA
<b>The learner will:</b>	<b>The learner can:</b>
1. Recognise the body's waste functions. (CIS 1.1)	1.1. Identify the excretory systems. 1.2. Describe normal body wastes and how they are eliminated.
2. Understand the reasons for incontinence. (CIS 1.1, 3.6, 4.3; HSC 24, 218, 219; KSF HWB4)	2.1. Describe the different types of urinary and faecal incontinence. 2.2. Explain the reasons for needing to know the individual's normal pattern of urinary and bowel movements.
3. Know ways of promoting continence. (KSF HWB1)	3.1. Explain good practice in promoting continence. 3.2. Discuss the role of diet and fluids on continence. 3.3. Discuss the role of exercise and activity on continence.
4. Understand how an individual's choices and preferences can have an effect on continence care. (CIS 1.1, 3.6, 4.3; HSC 218, 219; KSF HWB1, HWB4)	4.1. Discuss why it is important to get the individual's agreement on the levels of assistance required and the expressions to be used. 4.2. Discuss the effects that personal beliefs and preferences may have on cleansing and toileting. 4.3. Identify reasons for dealing with continence in a sensitive manner. 4.4. Explain why individuals should be as self-managing as possible. 4.5. Describe how this should be recorded in the plan of care.

Mapped to Health and Social Care NOS, Skills for Care & Development, 2005.  
 Mapped to Health and Social Care Common Induction Standards 2005.  
 Mapped to NHS Knowledge and Skills Framework.

Please note: Achievement of this unit does not provide evidence against the Care Standards Act requirements.

**UNIT TITLE:** Understanding Contenance Care

**LEVEL:** Two  
**CREDIT VALUE:** 3  
**GLH:** 24  
**NOCN UNIT CODE:** PT2/2/QQ/020  
**ACCREDITED UNIT NO:** H/500/4836

LEARNING OUTCOMES	ASSESSMENT CRITERIA
<b>The learner will:</b>	<b>The learner can:</b>
5. Understanding the use of various facilities. (KSF HWB7, HWB9)	5.1. List the facilities that can be provided for individuals. 5.2. Discuss the ranges of assistance that might be required and why these might differ. 5.3. Discuss any limitations that may need to be considered. 5.4. Explain why facilities should be kept clean and comfortable.
6. Know how to deal with body wastes and the abnormalities that might need reporting. (CIS 3.1, 3.5; HSC 219; HSC 219; KSF HWB3, HWB4, HWB5)	6.1. Record abnormal patterns of body waste. 6.2. Describe appropriate methods for disposing of body wastes. 6.3. Explain how and why changes in body wastes should be monitored, reported and recorded.
7. Recognise safety issues. (CIS 3.1, 3.5, 3.6; HSC 219; KSF HWB1)	7.1. Describe appropriate methods of dealing with spills of body wastes. 7.2. Discuss infection control issues when dealing with body fluids. 7.3. Describe how materials contaminated by body fluids should be dealt with. 7.4. Explain why the individual should be left with a means of summoning help.

Mapped to Health and Social Care NOS, Skills for Care & Development, 2005.  
 Mapped to Health and Social Care Common Induction Standards 2005.  
 Mapped to NHS Knowledge and Skills Framework.

Please note: Achievement of this unit does not provide evidence against the Care Standards Act requirements.

**UNIT TITLE:** Understanding Contenance Care

**LEVEL:** Two  
**CREDIT VALUE:** 3  
**GLH:** 24  
**NOCN UNIT CODE:** PT2/2/QQ/020  
**ACCREDITED UNIT NO:** H/500/4836

LEARNING OUTCOMES	ASSESSMENT CRITERIA
<b>The learner will:</b>	<b>The learner can:</b>
8. Know how to identify and resolve issues in continence care. <b>(CIS 3.6; HSC 219)</b>	8.1. Identify the appropriateness of care workers undertaking specific continence activities with individuals. 8.2. Identify appropriate actions related to infection control and the possible conflicts. 8.3. Discuss how to deal with and resolve the conflicts that can arise in 8.1 and 8.2.

**UNIT TITLE:** Understanding Contenance Care

**LEVEL:** Two  
**CREDIT VALUE:** 3  
**GLH:** 24  
**NOCN UNIT CODE:** PT2/2/QQ/020  
**ACCREDITED UNIT NO:** H/500/4836

**ASSESSMENT INFORMATION**

**Guidance:**

This grid gives details of the assessment activities to be used with the unit attached. Please refer to the NOCN Centre Handbook for definitions of each activity and the expectations for assessment practice and evidence for moderation.

**The assessment activities for this unit are indicated in the table below:**

**Key:** **P = Prescribed** – this assessment method *must* be used to assess the unit.  
**O = Optional** – this assessment method *could* be used to assess the unit.

Case study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay	O	Practical demonstration	
Report		Group discussion	O
Oral question and answer	P	Performance/exhibition	
Written description	O	Production of artefact	
Reflective log / diary	P	Practice file	

**Signposting Key Skills**

This unit offers clear opportunities for learners to provide evidence of achievement in Key Skills achievement in the following skill area/s:

Key Skill		Wider Key Skill	
Communication	✓	Working with others	
Information Technology		Problem solving	✓
Application of Number		Improving Own Learning and Performance	✓